## What is a Retina Specialist?

# Retina Specialists Can Help You See for a Lifetime

Retina specialists are highly skilled physicians and surgeons committed to helping people with retinal conditions preserve and improve their vision so they can see for a lifetime.









These medical doctors have completed up to 10 years of advanced medical training to specialize in ophthalmology and sub-specialize in diseases and surgery of the retina. Among the most extensively trained and highly skilled eye care providers, retina specialists have a mastery of the newest and most sophisticated tools and surgical techniques available to diagnose and treat retinal diseases.



Retina specialists diagnose retinal diseases using highly technical equipment and testing. They work in both hospitals and clinics treating a wide variety of eye conditions in both adults and children. Retina specialists treat conditions ranging from age-related macular degeneration and retinal detachment to cancers of the eye. They also treat patients who have experienced severe eye trauma as well as children and adults with hereditary diseases of the eye.

#### Common conditions and diseases retina specialists treat:

- Age-related macular degeneration
- Diabetic retinopathy

- Macular hole/pucker
- · Retinal detachment

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#### **Retina Specialist Education and Training**

Retina specialists are highly trained. They must complete medical school and specialized training in ophthalmology, as well as vitreoretinal training. This includes:



**Medical school (4 years):** Graduate-level education that trains individuals to become physicians including clinical training where students gain hands-on experience in various healthcare settings, such as hospitals, clinics, and outpatient facilities.



**Internship (1 year):** A supervised period of training after medical school that provides hands-on clinical experience and exposure to various medical specialties.



**Ophthalmology residency (3 years):** Specialized training for doctors to become ophthalmologists, focusing on eye and visual system disorders and treatments.



**Retina-Vitreous fellowship (1 or 2 years):** Advanced subspecialty training for ophthalmologists focusing on diagnosing and treating disorders of the retina and vitreous within the eye.



## Did you know?

Retinal diseases that once caused blindness are now treatable due to breakthroughs in diagnosis and treatment developed by retina specialists that are saving and restoring vision for millions of people.



## **Visiting a Retina Specialist**

A visit with your retina specialist may last longer than a typical medical visit. Because a retina specialist's office is equipped with highly specialized imaging equipment, all testing and imaging to track the progress of your retinal condition happen right in the office, without you having to travel to a different medical office or clinic. To be safe, plan to be at the clinic for about two to three hours. In addition to testing and imaging to track the progress of any conditions you may have; you may also receive treatments including eye injections during this time. Because your pupils were dilated and stay that way for several hours, it's a good idea to have a friend or loved one accompany you to your appointment and drive you home when it's complete.

## **Find Your Retina Specialist**

The American Society of Retina Specialists (ASRS) is the largest organization of retina specialists in the world, representing over 3,000 physicians in all 50 US states, the District of Columbia, Puerto Rico, and 63 countries.

To find your retina specialist, visit the ASRS Find a Retina Specialist locator at **www.SeeforaLifetime.org** and search using your city, state or zip code.

Many retina specialists are Fellows of the American Society of Retina Specialists as well, a designation awarded to members in good standing who have demonstrated consistent commitment to the Society, expertise in the management of vitreoretinal disorders, and the highest ethical and professional standards. Access a list of FASRS designees at www.asrs.org/fasrs-designees.



If you've recently begun to experience blurred central vision, floaters and flashing lights or wavy lines, see a retina specialist as soon as possible.

