

Diabetic Retinopathy

FACTS

Diabetic Retinopathy (DR) is a retinal disease and the most common cause of irreversible blindness in working-age Americans.

IMPACT: DR affects 7.7 million Americans and is expected to double by 2050.

7.7 million in **2023**



15.4 million by **2050**



COMMON SYMPTOMS:

Blurred or distorted vision



Difficulty reading



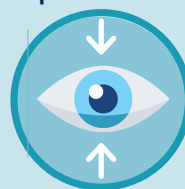
Floaters or spots



Shadow across the field of vision



Eye pressure



Difficulty with color perception



If you experience symptoms of DR, see a retina specialist as soon as possible.

RISK FACTORS: You are at greater risk if you have

Diabetes



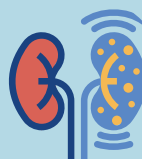
Blood sugar irregularities



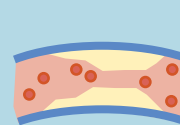
High blood pressure



Kidney disease



High cholesterol



Pregnancy



SAFEGUARD YOUR SIGHT: Take steps to reduce your risk.



Stop smoking



Exercise regularly



Maintain a healthy weight

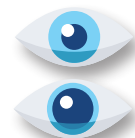


Control blood pressure, cholesterol & blood sugar



Take medications as prescribed

Get regular dilated retina exams



For more information visit SeeforaLifetime.org

A resource from



The Foundation
American Society of Retina Specialists

With support from Allergan, Genentech, Novartis, and Regeneron Pharmaceuticals