Age-Related Macular Degeneration (AMD) is a retinal disease and a leading cause of vision loss among older Americans.

**COMMON SYMPTOMS:**
- Warping or wavy lines
- Blurred central vision
- Decrease in brightness of colors

**PRIMARY RISK FACTORS:**
- Over 50 years old
- Family history
- Smoking
- Caucasian and European descent

**IMPACT:** AMD affects 11 million Americans today. That number is expected to double by 2050.

11 million in 2021 / 22 million by 2050

If you experience symptoms of AMD, see a retina specialist as soon as possible.

**SAFEGUARD YOUR SIGHT:** Take steps to reduce your risk
- Stop smoking
- Exercise regularly
- Eat healthy
- Control blood pressure & cholesterol

For more information visit [SeeforALifetime.org](http://SeeforALifetime.org)

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