Age-Related Macular Degeneration



Age-Related Macular Degeneration (AMD) is a retinal disease and a leading cause of vision loss among older Americans.

IMPACT: AMD affects 11 million Americans today. That number is expected to double by 2050.

22 million by 2050

COMMON SYMPTOMS:



Blurred central vision



Decrease in brightness of colors



If you experience symptoms of AMD, see a retina specialist as soon as possible.

PRIMARY RISK FACTORS:

Over 50 years old



Family history



Smoking



Caucasian and European descent



SAFEGUARD YOUR SIGHT: Take steps to reduce your risk of AMD



Stop smoking



Exercise regularly



Eat healthy



Control blood pressure & cholesterol



Get regular dilated retina exams

Find YOUR Retina Specialist at asrs.org/FindYourRetinaSpecialist



American Society of

A resource from **The Foundation** of the ASRS

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